

The Accelerate Gritstone Series 2009

ID	Forename	Club	Age category	Gender	Time				
					Burbage	Castleton	Edale	Great Hucklow	Baslow
1	Stuart Bond	Tommy's Fell Stars	Seniors	M	38.07				
2	Dave Schorah	Sheffield University	Seniors	M	38.21				
3	Rob Little	DPFR	Seniors	M	38.54				
4	Callum Gilhooley	Sheffield University	Seniors	M	38.59				
5	John Rocke	Sheffield University	Seniors	M	40.01				
6	Tom Brunt	Holmfirth	Seniors	M	40.16				
7	Jonathan Morgan	DPFR	V40	M	40.29				
8	Lewis Banton	Clowne Road Runners	Seniors	M	40.35				
9	Marcus Pinker	Sheffield University	Seniors	M	40.55				
10	Dave Aucott	DPFR	Seniors	M	41.05				
11	Aengus McCullough	Northumberland FR	Seniors	M	41.09				
12	David Evans	Ambleside	Seniors	M	41.36				
13	Dave Abrams	Sheffield University	Seniors	M	42.07				
14	Graham Moffatt	DPFR	V40	M	42.32				
15	Mike Sprot	DPFR	Seniors	M	42.41				
16	Mike Nolan	DPFR	V40	M	42.44				
17	James Bastock	Sheffield University	Seniors	M	42.52				
18	Richard Snowden	Totley	V40	M	42.58				
19	Shane Lynch	DPFR	Seniors	M	43.01				
20	Andrew Wainwright	Hallamshire Harriers	V40	M	43.04				
21	Harry Thorpe	FRA	Seniors	M	43.05				
22	Thomas Smith	FRA	Seniors	M	43.10				
23	Tom Hartley	Fat Boys	Seniors	M	43.18				
24	Richard Bradbury	Matlock Ac	Seniors	M	43.31				
25	Jon Coe	DPFR	Seniors	M	43.40				
26	Janet McIver	DPFR	Seniors	F	43.44				
27	Nick Kirk	DPFR	V40	M	43.49				
28	Mark Richards	Soyt Valley Striders	V40	M	43.52				
29	Tim Sempers	Totley	V40	M	43.53				
30	John Hewitt	Glossopdale Harriers	V40	M	44.01				
31	Gavin Williams	DPFR	V40	M	44.14				
32	Will Bridgman	Handsworth Roadhogs	Seniors	M	44.18				
33	Simon Rich	Handsworth Roadhogs	Seniors	M	44.22				
34	Andrew Preston	Hallamshire Harriers	Seniors	M	44.26				
35	John Raho		Seniors	M	44.27				
36	Tim Fairbrother		Seniors	M	44.36				
37	Kevin Mahon	Totley	Seniors	M	44.37				
38	Matthew Kieras	Glossopdale Harriers	Seniors	M	44.42				
39	Colin Lynch	Totley	V40	M	44.47				
40	Mike McIver	DPFR	V40	M	44.51				
41	Tim Rutter	Hallamshire Harriers	Seniors	M	44.55				
42	Robin Murray	Pennine	V40	M	44.57				
43	David Goodwin	DPFR	Seniors	M	45.03				
44	Bevan Adams		Seniors	M	45.58				
45	Keith Holmes	DPFR	V50	M	46.03				
46	Matthew Dickinson	DPFR	Seniors	M	46.18				
47	Stuart Smith	Sheffield University	Seniors	M	46.22				
48	Colin Taylor		V40	M	46.31				
49	Graeme Schofield		Seniors	M	46.42				
50	Mark Woodhouse	Handsworth Roadhogs	Seniors	M	46.48				
51	Noel Curtis	Fat Boys	Seniors	M	46.51				
52	Dicky Willinson	Long Eaton Running Club	V40	M	46.52				
53	Andy Dickenson	DPFR	V40	M	46.52				
54	Iain Storey	Retford Athletics	Seniors	M	46.56				
55	Nic Barber	Sheffield University	Seniors	M	46.59				
56	Adam Perry		Seniors	M	47.01				
57	Hugh O'Donnell		Seniors	M	47.05				
58	Nick Mawer		Seniors	M	47.07				
59	Ron Fawcett	DPFR	V50	M	47.14				
60	Richard Gratton	North Derbyshire R.C	Seniors	M	47.48				
61	Geoff Briggs	Pennine	V50	M	47.19				
62	Paul Orton	Southwell R.C	Seniors	M	47.21				
63	Robin Mitton	Ashbourne R.C	Seniors	M	47.28				
64	Nick Baynes	Fat Boys	Seniors	M	47.31				
65	Russell Beresford	DPFR	V40	M	47.36				
66	Mike Noble	Pennine	V60	M	47.42				
67	Alec Reece		Seniors	M	47.48				
68	Steve Wathall	Retford Athletics	V50	M	47.49				
69	Rob Winfield		Seniors	M	47.51				

70	Sam Williams	DPFR	Seniors	M	47.57				
71	Steve Adams		V40	M	48.00				
72	Dave Sykes	DPFR	Seniors	M	48.12				
73	Dave Allen	DPFR	V50	M	48.13				
74	Ashley Kay	DPFR	V40	M	48.16				
75	Mike Pullman	Fat Boys	V40	M	48.19				
76	Tom Pascall		Seniors	M	48.20				
77	Stuart Hutchison	Hallamshire Harriers	Seniors	M	48.25				
78	Simon Bacsich	DPFR	Seniors	M	48.28				
79	Simon O'Shea		Seniors	M	48.32				
80	Richard Mackie	Penistowe	Seniors	M	48.37				
81	Mick Moorhouse	Matlock Ac	V50	M	48.40				
82	José Garcia	DPFR	Seniors	M	48.50				
83	Vernon Visser		Seniors	M	48.53				
84	Chris Bateson		Seniors	M	49.23				
85	Daniel Dunn		Seniors	M	49.31				
86	Phil Abbott	Long Eaton Running Club	Seniors	M	49.36				
87	Phil Swan	Glossopdale Harriers	Seniors	M	49.41				
88	Adrian Gardner		Seniors	M	49.46				
89	Simon Brisier	Matlock Ac	V60	M	49.50				
90	Jeremy Patterson	Holmfirth	V50	M	49.58				
91	Helen Garrett	Ambleside	Seniors	F	50.00				
92	David James	CGCC	Seniors	M	50.04				
93	Richard Howells	Ronc??	Seniors	M	50.07				
94	Martin Dowson	Wirsworth R.C	V40	M	50.10				
95	Steven Ramsay	Sheffield University	Seniors	M	50.13				
96	Kevin Carter		Seniors	M	50.18				
97	Rob Moore	DPFR	V40	M	50.25				
98	Lee Rawson		Seniors	M	50.28				
99	Paul Lydon	Totley	Seniors	M	50.34				
100	Peter Gorvett	DPFR	V60	M	50.40				
101	Robert Jackson	Long Eaton Running Club	V40	M	50.41				
102	Andy Howie	Pennine	V50	M	50.43				
103	Mark Evans	DPFR	Seniors	M	50.45				
104	Louis Moore		Seniors	M	50.49				
105	Ronald Rees	Pennine	V50	M	50.50				
106	David Idenden		V40	M	50.53				
107	Jon Wales	DPFR	Seniors	M	50.56				
108	Clive Waddington	Totley	Seniors	M	50.58				
109	David Bollington	DPFR	Seniors	M	51.02				
110	Xavier Leuthrot	TNT	Seniors	M	51.06				
111	Paul Bowerbank	Totley	V50	M	51.07				
112	Andrew McDermott		V40	M	51.20				
113	Christopher Hicks		Seniors	M	51.32				
114	Frank Newcombe	DPFR	V40	M	51.35				
115	Rob Freeman	Fat Boys	Seniors	M	51.49				
116	Andy Smith	Holmfirth	V40	M	51.59				
117	Sheona McKay	DPFR	Seniors	F	52.00				
118	David Sugden	DPFR	V40	M	52.02				
119	James Crossland		Seniors	M	52.07				
120	Jonathan Morgan		Seniors	M	52.10				
121	Willy Kitchen	DPFR	V40	M	52.11				
122	Gareth Little	Sheffield University	Seniors	M	52.21				
123	Allison Higgins	Fat Boys	F40	M	52.22				
124	Andrew Basey	Notts AC	Seniors	M	52.22				
125	Paul Meiring		Seniors	M	52.28				
126	Richard Wheeler	Sheffield University	Seniors	M	52.32				
127	Tony Little		Seniors	M	52.35				
128	Richard Durkin	Totley	V40	M	52.36				
129	Laura Gibson	Totley	Seniors	F	52.39				
130	Julia Tregaskis-Allen		Seniors	F	52.41				
131	Christopher Harding	Goyt Valley Striders	V50	M	52.45				
132	Marcus Lancaster	Lincoln + District Runners	V40	M	52.48				
133	Max Howard	Retford Athletics	V50	M	52.49				
134	Lucy Harris	Sheffield University	Seniors	F	52.55				
135	Glen Irving	DPFR	Seniors	M	52.56				
136	Stephen Jones	Sheffield University	Seniors	M	52.58				
137	Ken Jones	DPFR	V60	M	53.02				
138	Timothy Martin	SYO	Seniors	M	53.03				
139	Adrian Baker	Pennistone R.C	V40	M	53.14				
140	Ollie Cord	Retford Athletics	Seniors	M	53.28				
141	John Brownell		V40	M	53.33				
142	Nick Hamilton		Seniors	M	53.34				
143	Tom Wilkins		Seniors	M	53.36				
144	David Broadbent	Sinfin	Seniors	M	53.37				

145	Mark Hobbs	Sheffield University	Seniors	M	53.47				
146	Pete Diamond	Wootton Roadrunners	V50	M	53.48				
147	Daniel Morton	DPFR	Seniors	M	53.52				
148	David Bone		V40	M	53.56				
149	Andrey Starcevic	Wootton Roadrunners	V50	M	54.16				
150	Reg Cooper		V50	M	54.17				
151	Richard Gardiner	Shef Hash House Harriers	Seniors	M	54.19				
152	Simon Wiles	Steel City Striders	V40	M	54.20				
153	David Parry	Steel City Striders	V50	M	54.21				
154	Trevor Watson	Steel City Striders	V40	M	54.25				
155	Tom Pritchard		Seniors	M	54.27				
156	Andy Maiden		Seniors	M	54.37				
157	Tobias Liboschik	Sheffield University	Seniors	M	54.41				
158	Lewis Ashton		V40	M	54.45				
159	Martin Smith	DPFR	V40	M	54.53				
160	Graham Berry	DPFR	V60	M	54.56				
161	Steve Mead	TNT	Seniors	M	55.05				
162	Michael Baldwin	Derby Dale Travellers	V50	M	55.07				
163	Dave Clough		V50	M	55.08				
164	Peter Grover		V40	M	55.09				
165	John Frary		Seniors	M	55.09				
166	Sarah Lee	Sheffield University	Seniors	F	55.14				
167	Clare Gardiner	Shef Hash House Harriers	Seniors	F	55.18				
168	John Herbert	DPFR	V50	M	55.24				
169	Pat Goodall	Totley	V50	F	55.26				
170	Alan Storrow		V40	M	55.30				
171	Vanessa Kinman		Seniors	F	55.32				
172	Chris Horsfall		V50	M	55.35				
173	Neil McAdie		V40	M	56.01				
174	Kevin Rowles	Killamarsh Kestrels	V40	M	56.03				
175	Hazel Tant	Spook	Seniors	F	56.05				
176	Martin Fowler		V50	M	56.05				
177	Richard Corker		V40	M	56.13				
178	Gary Kennedy		V40	M	56.22				
179	Simon Cooke		V40	M	56.26				
180	Phil Walters	DPFR	V40	M	56.30				
181	Stephen Moran		V40	M	56.38				
182	Ross Howard	Retford Athletics	V40	M	56.42				
183	Dennis Middleton		V50	M	56.53				
184	Brian Noble		Seniors	M	56.59				
185	Sophie Whyte		Seniors	F	57.06				
186	Naomi Virgo		Seniors	F	57.07				
187	Donna Claridge		F40	F	57.17				
188	Stephen Stead		V40	M	57.18				
189	Gillian Radcliffe		F40	F	57.18				
190	John Diamond		V40	M	57.27				
191	John Ostrousris		V40	M	57.33				
192	Ian Wade	Handsworth Roadhogs	Seniors	M	57.40				
193	Mark Smalley		Seniors	M	57.41				
194	Robert Halstead	Holmfirth	V50	M	57.42				
195	Ant Harris		Seniors	M	57.46				
196	Andrew Platts		Seniors	M	57.55				
197	Jo Wood	Totley	Seniors	F	57.57				
198	Maurice Musson	DPFR	V50	M	57.59				
199	Caralyn Purvis		Seniors	F	58.04				
200	Chris Gee		V40	M	58.12				
201	Chris Bradley		Seniors	M	58.14				
202	Dan Thompson		Seniors	M	58.24				
203	Lindsay Palmer		F40	F	58.26				
204	Sally Steade		F40	F	58.27				
205	Richard Knowles		Seniors	M	58.39				
206	Caroline Scott		Seniors	F	58.44				
207	Colin Bostock		V50	M	58.47				
208	Hannah Dugdale		Seniors	F	58.50				
209	Giles Harrison		Seniors	M	58.52				
210	Lennart MacMoren		V40	M	58.56				
211	R Webber		Seniors	M	58.56				
212	David Ayrtton		Seniors	M	59.12				
213	Chris Bagley		V50	M	59.14				
214	Chris Radcliffe		V60	M	59.17				
215	Mark Bartley		V40	M	59.18				
216	Daniel Winter		Seniors	M	59.36				
217	Grant Hutchesson	Handsworth Roadhogs	V40	M	59.55				
218	Margaret Hutton	Horwich RMI	F50	F	59.57				
219	Gary Booton		V40	M	60.00				

220	David English		V50	M	60.10				
221	Chris Reece		V50	M	60.19				
222	Adele Metcalfe		F40	F	60.24				
223	Stephen Sproson		V40	M	60.28				
224	Emmy Bridgeland		Seniors	F	60.29				
225	Alison Barrett		Seniors	F	60.42				
226	David Ellis	Fat Boys	V50	M	60.43				
227	Simon Foster		V40	M	60.57				
228	Mark Wilson	Totley	V40	M	60.58				
229	Rachel Findlay-Robinson	Sheffield University	Seniors	F	61.02				
230	Samantha Hulbert		F40	F	61.04				
231	Alison Campbell		Seniors	F	61.06				
232	Alan Huyton	Rucksack Club	V50	M	61.15				
233	Emma Dent		F40	F	61.32				
234	Jon Heathfield	DPFR	V40	M	61.32				
235	John Snowden		V40	M	61.32				
236	Ash Kirk		Seniors	M	61.35				
237	Michael Poulter		V50	M	61.38				
238	Anthony Horsfall		V40	M	62.05				
239	David Lucas		V50	M	62.08				
240	Matthew Shepherd		Seniors	M	62.12				
241	Rebecca Halstead	Holmfirth	Seniors	F	62.25				
242	Ingrid Franklin	Sheffield University	Seniors	F	62.45				
243	Jo Lilley		Seniors	F	63.11				
244	Elly Smith		Seniors	F	63.24				
245	Joan Walker	DPFR	V40	F	63.27				
246	Emily Brown		Seniors	F	63.28				
247	Kate Parr	Totley	Seniors	F	63.30				
248	Matt Griffin		Seniors	M	63.32				
249	Steven Taylor		Seniors	M	63.56				
250	Rachel Wilkie		Seniors	F	64.11				
251	Tony Barry	Holme Pierrepont	V60	M	64.36				
252	Michael Dove		V40	M	64.55				
253	Heather Beaumont	Totley	Seniors	F	64.56				
254	Maxine Ison	Totley	F40	F	64.58				
255	Charlotte Hunt	Sheffield University	Seniors	F	65.25				
256	Ken Isherwood		V50	M	65.52				
257	Fee Womersley	Totley	V40	F	65.53				
258	Seamus Carroll		V40	M	66.01				
259	Alan Burgess	Handsworth Roadhogs	V50	M	66.23				
260	Alexis Dinsmor	Pennine	F50	F	66.41				
261	Mandy Moore	Totley	F40	F	66.44				
262	Keim Lindley	Doncaster	V50	M	66.57				
263	William Alston	Sheffield University	Seniors	M	67.10				
264	Vishnu Vijayakumar	Sheffield University	Seniors	M	67.11				
265	Matt Surgeon	Steel City Striders	V50	M	67.14				
266	David Nicklin	Fat Boys	V40	M	67.34				
267	Pete Sturgess	Long Eaton Running Club	V40	M	68.21				
268	Sheila Duffy	Handsworth Roadhogs	Seniors	F	69.10				
269	Frank Makin	Holme Pierrepont	V70	M	69.29				
270	Helen Milton		Seniors	F	69.29				
271	Ben Milton		Seniors	M	70.59				
272	James Hunter	Steel City Striders	Seniors	M	71.00				
273	Cheryl Bradbury	Handsworth Roadhogs	F40	F	71.10				
274	Siobhan Shegdan		F40	F	71.52				
275	Thomas Champion	Sheffield University	Seniors	M	77.13				
				Records	36.36	40.22	31.46		43.38
				Records	42.2	47.48	38.23		49.53