

Position	Time	Name	Category	Club
1	42.47	Nathan Lawson		SHOC
2	42.52	Stuart Bond	M40	Dark Peak
3	43.22	Alex Hinchliffe		Vega Runners UK
4	43.52	Nicholas Barber		Pennine
5	44.01	Oli Johnson		Dark Peak
6	44.24	Martin Dawson	M40	North Derbyshire
7	44.30	Luke Beresford		Ripley RC
8	44.43	Ben Cartwright		Matlock AC
9	45.08	Sam Allin		Totley AC
10	45.42	David Robinette		
11	46.01	Mark Anderson	M40	Totley AC
12	46.10	Paul Fauset	M40	Dark Peak
13	46.38	Kenny Malton		Shelton Striders
14	46.47	Robert Donald		Shelton Striders
15	46.49	Thomas Beaumont		Totley AC
16	47.05	Oliver Roberts		Dark Peak
17	47.11	Lova Chechik		Dark Peak
18	47.22	Austin Frost	M40	Dark Peak
19	47.32	Christopher Bell	M40	Beeston AC
20	47.49	Alistair Wood		Totley AC
21	47.53	Philip Morris		Handsworth Roadhogs
22	48.00	Jordan Street		Clowne RR
23	48.01	James Lowe		Dark Peak
24	48.23	Philip Sale		Ilkeston
25	48.32	Colin Brearly	M40	Holme Pierrepont RC
26	48.34	Damian Kilpin	M40	Penistone
27	48.49	Joseph Wade		Dark Peak
28	49.09	Dan Oldham	M40	Pennine
29	49.02	Ben Martin		Liverpool Harriers
30	49.05	Chris Vanderhoven		Dark Peak
31	49.09	Chris Jackson		Pennine
32	49.17	Paul Skuse	M40	Glossopdale
33	49.27	Ed Gamble	M50	Cheshire Hill Racers
34	49.29	Ian Capleton		Dark Peak
35	49.31	Matthew Nichols		Matlock AC
36	49.47	Ben Jones		Steel City Striders
37	49.52	Charlie Green		City of York AC
38	49.58	John Evans	M40	Beeston AC
39	50.14	Joe Elliott		

40	50.30	Robert Jackson	M40	Holme Pierrepont RC
41	50.33	Matthew Nutt		Holme Pierrepont RC
42	50.35	Tony Robson		Pennine
43	50.41	Jake Fearn		Buxton AC
44	50.47	Matthew Burden		Totley AC
45	50.56	Graham Moffatt	M50	Dark Peak
46	51.09	Alex Loach		Holme Pierrepont RC
47	51.17	Jason Bennett	M40	Buxton AC
48	51.21	Steven Gascoyne	M40	North Derbyshire RC
49	51.23	Matthew Hulley	M40	Pennine
50	51.26	James Thompson	M40	Sheffield RC
51	51.28	Per Holda	M40	Dark Peak
52	51.43	Andrew Lake	M40	Esk Valley FC
53	51.52	Matty Brennon		Erewash Valley RC
54	51.58	Andy Kenyon	M40	
55	52.03	Mark Jacobi	M50	Totley AC
56	52.05	Mick Archer	M50	Dark Peak
57	52.07	Paul Freeman		Rucksack
58	52.16	Matthew Grainge	M40	Holme Pierrepont RC
59	52.23	Carl Bradford	M40	Dark Peak
60	52.39	Dan Cook	M40	Steel City Striders
61	52.44	John Laverick		Rothwell Harriers
62	52.46	John Bannock		Porter Valley Plodders
63	52.53	Ian Shaw	M50	Fat Boys
64	52.55	Josh Ring		
65	52.56	Jonathan Brettle		
66	52.59	Kim Baxter	F40	Dark Peak
67	53.07	Paul Walwyn		Dark Peak
68	53.08	Ian Drage	M40	Stilton Striders
69	53.09	Steve Frazen	M40	Steel City Striders
70	53.16	Thomas Entwistle		Dark Peak
71	53.34	Johnathan Cooper-Knock		Totley AC
72	53.37	Graham Elkington	M50	North Derbyshire RC
73	53.45	Michael Atton	M40	Stilton Striders
74	53.50	Nicola Bowen	F	Dark Peak
75	53.52	Thomas Smith		Dark Peak
76	53.59	Colin Lynch	M40	Totley AC
77	54.01	Ian Lambert		Rolls Royce Harriers
78	54.16	Mark Coffey	M40	
79	54.27	Zoe Procter	F40	Pennine FR
80	54.35	Andrew Watson	M40	Erewash Valley RC
81	54.50	Richard Dewhurst		
82	54.52	Ishmael Burden	M50	Vega Runners UK
83	55.01	Michael Slater	M50	Steel City Striders
84	55.09	Andrew Hunter	M40	Beeston AC

85	55.12	Chris Lawson	M40	Dark Peak
86	55.21	Aislinn Prendergast		SHUOC
87	55.33	Greg Wasinski		Glossopdale
88	55.36	Peter Nicholson		Glossopdale
89	55.47	Alice Rigby		SHUOC
90	55.53	Andy Barnett	M50	Dark Peak
91	55.54	Rachel Rose	F	Sheffield RC
92	55.55	Simon Gregorg	M40	Handsworth
93	56.00	Jeremy Braithwaite		Vega Runners UK
94	56.03	John Hampton	M40	P Plodders
95	56.23	Paul Stuart	M50	Steel City Striders
96	56.26	Hannah Bradley		Cumberland FR
97	56.28	Nick Brimacombe		Totley AC
98	56.36	George Yates	M40	Dark Peak
99	56.38	Matthew Street		
100	56.57	Richard Bouglas		Buxton AC
101	57.07	David Walters		
102	57.08	Tony Hall	M50	
103	57.11	Steve Sanders	M40	Penniston FR
104	57.15	Mark Jelbert		
105	57.22	Andrew Soley		Holme Pierrepont RC
106	57.23	Jim Paxman	M60	Dark Peak
107	57.24	Samuel Lightfoot		
108	57.33	Lucy Taylor	F	Ripley RC
109	57.43	Andrew Carruthers	M50	Halesowen
110	57.49	Jonathan Morgan		
111	57.57	Nick Clayton		
112	57.58	David Wass	M50	Worksop Harriers
113	58.00	Philip Montgomery		Todmorden Harriers
114	58.01	James Isherwood	M40	Beeston AC
115	58.10	Nick Baynes	M40	Fat Boys
116	58.24	Matt Jones	M40	Beeston AC
117	58.46	Geoff Pennington	M50	Beeston AC
118	58.52	Jon Hallam	M40	
119	58.55	Nigel Barnes	M40	Steel City Striders
120	58.59	Mark Doyle		
121	59.00	Dave Lodwick	M50	Roadhoggs Leciester AC
122	59.01	Alison Barrett	F40	Steel City Striders
123	59.03	Richard Mead	M40	Dark Peak
124	59.04	Steve Larkin	M40	
125	59.08	Tom Boden		Stilton Striders
126	59.11	James McCloskey		Stamford Striders
127	59.12	Simon Conroy	M40	Dark Peak
128	59.13	Richard Green	M50	Shelton Striders

129	59.16	Stewart Kemp	M60	Dark Peak
130	59.20	Keith Bell	M40	Steel City Striders
131	59.20	Richard Monksworth	M40	Delamere Spartans
132	59.23	Aron Spall	M40	
133	59.27	Andrew Charlesworth		Penistone
134	59.31	Joseph Allan-Wall	M50	Handsworth Roadhogs
135	59.34	Julie Wilson	F40	Hallamshire Harriers
136	59.51	Alison Wainwright	F40	Dark Peak
137	59.57	Ben Firth-Jones		
138	60.06	Micah Wilson	M50	Hallamshire Harriers
139	60.23	Paul Geeson	M50	Stilton Striders
140	60.29	Ian Smaih	M40	Buffalo Whippets AC
141	60.46	Dave Bish		
142	60.56	Geoff Evatt		
143	61.01	Rob Willis	M40	Totley AC
144	61.01	David Veryard	M50	Bakewell
145	61.02	Arron Jackson	M40	Worksop Harriers
146	61.06	Steve Bennett	M60	North Derbyshire RC
147	61.13	Ian Haigh	M40	Southwell
148	61.22	Ruth Brandon	F40	Holme Pierrepont RC
149	61.45	John Houghton	M50	Shilton Striders
150	61.54	Mick Moorhouse	M60	Matlock AC
151	62.00	Ian Stinson	M40	Steel City Striders
152	62.06	Ruth Keeley	F	Belper Harriers
153	62.08	Jonathan Gregson		Hilton
154	62.09	Ajax Johnson		
155	62.11	Andy Stubbs		Belper Harriers
156	62.13	Jane Crowson	F50	Dark Peak
157	62.16	Andy Prichard	M50	Porter Valley Plodders
158	62.16	Michael Bourne	M50	Dark Peak
159	62.18	Chris Horsfall	M60	Handsworth Roadhogs
160	62.26	Reg Cooper	M60	
161	62.30	Kevin Firth	M40	Steel City Striders
162	62.38	Mark Platton	M50	Steel City Striders
163	62.42	Katie Hateley	F40	Stilton Striders
164	62.53	Simon Ellis	M40	Steel City Striders
165	63.00	David Beel		Steel City Striders
166	63.07	Pat Goodall	F60	Totley AC
167	63.08	Mark Wood	M50	
168	63.15	Gary Newham	M40	Erewash Valley RC
169	63.33	Nicola Rafferty	F50	Steel City Striders
170	63.42	Ian Macnamee	M50	Erewash Valley RC
171	63.52	Chris wales		Southwell
172	63.58	Kevin Rowles	M50	Killamarsh Kestrals

173	64.13	Gordon Pal		
174	64.14	Nick Woffenden	M40	
175	64.20	Nick Lander	M60	Erewash Valley RC
176	64.24	Gina Granger	F40	Holme Pierrepont RC
177	64.26	Craig Ward	M40	Danum Harriers
178	64.31	Mary Fleming	F	
179	64.33	John Richardson	M50	Handsworth Roadhogs
180	64.35	Ellie Tew		
181	64.37	Rob Kas		
182	64.38	Emma Cowley	F40	Handsworth Roadhogs
183	64.40	Cathy Ayton		Ilkeston
184	64.45	Carl Hopkinson	M50	Ripley RC
185	64.52	Steve Wickham	M60	Erewash Valley RC
186	65.15	Damien Herbert	M40	
187	65.18	Michael Richardson	M50	Handsworth Roadhogs
188	65.31	Stuart Johnson	M40	
189	65.36	Caroline Burrell	F40	
190	65.38	Roy Whittler	M40	Goyt Valley Striders
191	65.41	David Banks	M50	
192	65.43	Phil Howson	M50	Steel City Striders
193	65.45	Janet Atkinson	F40	Holme Pierrepont RC
194	65.50	Bob Grocutt	M50	Steel City Striders
195	66.11	Daria Jemakova		
196	66.17	Kieran Smallbone		Goyt Valley Striders
197	66.33	Jonathan Hatton		
198	66.36	Paul Brunt	M40	Shelton Striders
199	66.37	Archie Ward	M50	Dark Peak
200	66.39	Heather Wallis		Steel City Striders
201	66.40	Hazel Kent		Vega Runners UK
202	66.41	Rob Willis	M40	Totley AC
203	66.44	Donna Claridge	F50	Dark Peak
204	66.48	Emma Frame	F40	
205	66.51	Richard Ross	M40	
206	67.00	Julian Brealey	M40	Erewash Valley RC
207	67.03	Helen Davis	F	Steel City Striders
208	67.14	A Deighton	M50	Rolls Royce Harriers
209	67.15	Dorothy Kesterton	F60	Steel City Striders
210	67.24	Andrew Mcelhone	M40	
211	67.31	Luke Holme		Glossopdale
212	67.35	Clint Southern-Warburton	M40	Beeston AC
213	67.37	Darren Hunt	M40	Buxton AC
214	67.47	Paul Lydon	M40	
215	68.07	Louise Baddeley		SUSS
216	68.13	David Walker	M50	
217	68.24	Colin Jackson	M50	

218	68.30	Stuart Reece	M40	
219	68.33	Tom Nuttgens	M50	Steel City Striders
220	68.37	Frank Newcombe	M50	
221	68.44	Nigel Adcock	M40	Beeston AC
222	69.03	Richard Hickling	M40	Belper Harriers
223	69.07	Dan Hawkins		
224	69.10	Mark Davies	M40	Steel City Striders
225	69.18	Darren Bristow	M50	Hallamshire Harriers
226	69.24	Helen Young	F40	Totley AC
227	69.25	Ellie Wainwright	F	
228	69.52	Brent Lindsay	M50	Penistone
229	69.57	Chris Duno	M50	Derwent Runners
230	70.29	Dez Mitchell	M40	Glossopdale
231	70.30	Phil Sturgeon	M50	
232	70.37	Barry Clarke	M50	
233	70.47	Andrew Sadler		
234	71.06	Paul Horsfall	M60	Handsworth Roadhogs
235	71.08	Katie Rolfe	F40	Buxton AC
236	71.15	Sarah Tyler	F	Holme Pierrepont RC
237	71.21	Amanda Porter	F40	
238	71.23	Mel McCart	M50	
239	71.30	Paul Sanderson	M50	Dark Peak
240	71.32	Noel Irwin	M50	Sale Harriers
241	71.41	Colin Bostock	M60	Long Eaton RC
242	71.48	Rachel Farrow	F	Shelton Striders
243	71.50	Darren Burns	M50	Fell Ponues
244	72.18	Will Meredith	M40	Pennine
245	72.34	Jill Davies	F50	Steel City Striders
246	72.39	Kevin Dudley	M40	Dark Peak
247	72.41	David Arundale	M60	Dark Peak
248	72.46	Corin Donne		SUSS
249	73.09	Helen Smith	F	Shelton Striders
250	73.12	Richard Knowles	M40	Totley AC
251	73.22	Alison Holt	F50	Glossopdale
252	73.31	Rich Purdy	M40	Danum Harriers
253	73.35	Chris Hopkinson	M60	
254	73.36	Chris Moody	M50	Hash House Harriers
255	73.37	Kate Scott	F50	Steel City Striders
256	73.41	Paul Page	M40	Beeston AC
257	73.49	Paul Stevenson	M60	Sinfin RC
258	73.58	Clare Thompson	F40	
259	74.37	Carl Rawson	M40	
260	74.49	Jackie Welburn	F	Beeston AC
261	76.09	Greg D		GVS

262	76.10	Andy Robinson		
263	76.11	Andrew Tonge		
264	76.23	Vinod Palissery	F40	
265	76.42	Anna Whitfield	F40	Strideout
266	77.38	Andy Horsfall		Handsworth
267	77.46	Sarah Holland		Ashbourne
268	77.58	Carolyn Hopkinson	F50	Shelton Striders
269	78.14	Katie Mantle	F	
270	78.19	Alison Chetty	F50	
271	78.20	Alison Jones	F	Smiley Paces
272	78.39	Bob Bryan	M60	
273	79.20	Mike Arundale	M60	Dark Peak
274	79.25	Harriet Drovin	F	PFRAC
275	80.12	David Botcherby		SUSS
276	83.28	Debbie McCart	F50	
277	83.50	Michelle Hall	F40	Southwell
278	84.23	Andy Portwood	M40	
279	84.42	Helen Elleker	F60	City of Sheffield AC
280	86.55	Caroline Wickham	F50	Erewash Valley RC
281	88.21	Penny Page	F40	Beeston AC
282	92.32	Laura Brady	F	Davenport Runners
283	92.53	Michael Tipper		Stockport Harriers
284	95.38	Tom Feely		
285	97.58	Jane McCart	F	
286	98.15	William Scott	M70	Holme Pierrepont RC
	DNF	Simon Desmety		
	DNF	Victoria Hawkins	F50	Steel City Striders
	DNS	Rosa Sampson	F	Steel City Striders